

## Scottish Massage Therapists Organisation (SMTO) and CNHC working together

Dear SMTO member

You'll be pleased to know that although CNHC and SMTO have quite distinctly different roles, we're working together to ensure standards of practice for massage therapists are maintained and improved. The key difference in our roles is that CNHC was established with government support to act in the interests of the public, while SMTO is there to act in your interests and those of the profession, and to provide support and services to you. SMTO encourages its members to register with CNHC – and CNHC encourages all of its registrants to be members of a professional association. It really isn't a question of choosing between us.

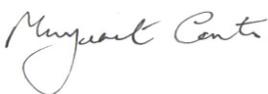
You're already familiar with the benefits of SMTO membership, so we're taking this opportunity to highlight some of the professional advantages of CNHC registration.

- CNHC's Register is approved as an Accredited Register by the Professional Standards Authority for Health and Social Care (PSA). "Both the Government and the Professional Standards Authority (PSA) recommend that when a patient or service user chooses to visit a health or care practitioner who is unregulated, only those on an accredited register are consulted". (Jane Ellison MP, Parliamentary Under Secretary of State for Public Health, November 2015).
- NHS Employers, the organisation that works on behalf of leaders and HR professionals in the NHS, has updated its website to include information about Accredited Registers. The website encourages NHS employers to signpost recruiting managers to the Accredited Registers and to include details in job descriptions and person specifications for relevant roles.
- Following a suggestion made by CNHC, the General Medical Council (GMC) has amended its referral guidance to make clear that doctors can refer patients to practitioners on a PSA Accredited Register.
- The report 'Untapped Resources: Accredited Registers in the Wider Workforce', published in October 2017 by the Royal Society for Public Health, highlighted that *"Practitioners registered with CNHC support public health by encouraging their clients to make a range of lifestyle changes. These include improvements to diet and nutrition, support with giving up smoking and losing weight, support with reducing stress, improving sleep, managing pain and other symptoms, as well as overall enhancements to wellbeing. All CNHC registrants are committed to enhancing the UK public's health and wellbeing."*

If you haven't already registered with us, and wish to do so, then please complete the 'request to register' form on the back of this letter and return it to SMTO, who will confirm that you meet our education and training requirements. Then they will provide us with your contact details so that we can email you with details of how to complete the process of CNHC registration.

You can find out more about us by visiting our website [www.cnhc.org.uk](http://www.cnhc.org.uk). You can also find us on Facebook and follow us on Twitter.

Yours sincerely



Margaret Coats  
Chief Executive & Registrar

## Application to Register with the Complementary & Natural Healthcare Council (CNHC)

Name of Professional Association

Scottish Massage Therapists Organisation  
(SMTO)

SMTO Membership Number

Email Address

Date of Birth

I give permission for you to check my details and then confirm that I am eligible for CNHC registration in the following discipline (*please tick*):

Message Therapy

Name

Signature

Date

Please return your completed Request to Register form direct to Scottish Massage Therapists Organisation (SMTO), 27 Craigs Avenue, Edinburgh, EH12 8HS.  
Email: [info@scotmass.co.uk](mailto:info@scotmass.co.uk) Tel: 08454-638852, 07715-663852

As soon as SMTO has provided your details to CNHC you will be sent an automated email from the CNHC inviting you to complete your registration and pay the CNHC registration fee online.

**The CNHC registration fee is £68 for your first discipline.**

Each additional discipline costs £10 up to your 4th discipline, after which there is no fee for additional disciplines.

*If you do not have an email address you can apply offline. Once SMTO has verified your application CNHC will send you postal information to complete and return to them to process. You will then receive a hard copy registration certificate via post.*

CNHC: tel 020 3668 0406 / email: [info@cnhc.org.uk](mailto:info@cnhc.org.uk) / web: [www.cnhc.org.uk](http://www.cnhc.org.uk)